

LAUGH

LEARN

PLAY

SHARE

ALTA LOMA CHRISTIAN PRESCHOOL

“BUILDING UP AND REACHING OUT”

Your Preschool Daily Schedule

Free Play	6:30-8:15
Morning Greetings and Explore Centers	8:15-8:30
Restroom Visit	8:30-8:40
Circle Time (Calendar and Pledges)	8:40-8:50
Bible and Songs	8:50-9:00
Pre-Writing, Language, Math, & Science	9:00-10:00
Restroom Visit	10:00-10:10
Story Time	10:10-10:30
Snack Time	10:30-10:40
Outside Play	10:40-11:10
Restroom Visit	11:10-11:20
Craft Time	11:20-11:30
Lunch Time	11:30-12:00
Afternoon Exploration Centers	12:00-12:15
Early Dismissal	12:15
Restroom Visit	12:15
Nap Time/Quiet Time	12:30-2:10
Review of Day's Lesson (craft, story, etc.)	2:00-2:30
Afternoon Dismissal	2:30
Free Play	2:30-3:30
Outside Play & Snack	3:30-4:00
Movies/Story Time	4:00-6:00



Daily skills to be implemented:

- **Spiritual:** prayer, songs, moral development, Bible stories, drama with daily curriculum
- **Social:** play groups, games, outside play, cooperation, problem solving, communicating
- **Cognitive:** alphabet & number games, shape & color identification, drawing & copying
- **Language & Speech:** communicating, stories, drama, language arts activities, phonics
- **Physical and Gross Motor:** outside activities, games
- **Fine Motor:** pre-writing, cutting, puzzles, manipulative, painting, computers, other similar activities
- **Music:** instruments, singing, listen to various forms of music, other similar activities
- **Art:** painting, clay, drawing, varied creative projects

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